

RUNNING ORDER OF THE 2017 IFBB DIAMOND CUP – ATHENS, GREECE

SATURDAY, NOVEMBER 18th, 2017

15:00 – 21:00 – Official Athlete Registration – Galatsi Olympic Hall

SUNDAY, NOVEMBER 19th, 2017

09:00-09:30 Team Managers and Judges Meeting – Galatsi Olympic Hall

10:00 - ONE CONTINUOUS SESSION – Galatsi Olympic Hall

(If there are 6 or less athletes in a category, there will be no prejudging round)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue

1. Master Men Bodybuilding 40-44, 45-49, 50-54, +55 years - Elimination Rounds (if >15)
(4 Compulsory poses in groups of 5) > List of the Semifinalists backstage
2. Master Men Bodybuilding 40-44 years, up to 90 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
3. Master Men Bodybuilding 40-44 years, over 90 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
4. Master Men Bodybuilding 45-49 years, up to 90 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
5. Master Men Bodybuilding 45-49 years, over 90 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
6. Master Men Bodybuilding 50-54 years, open Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
7. Master Men Bodybuilding +55 years, open Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
8. Master Men Bodybuilding 40-44 years, up to 90 kg Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
9. Master Men Bodybuilding 40-44 years, up to 90 kg Finals Round 3
(Posing Routines – 60 sec.)
10. Master Men Bodybuilding 40-44 years, over 90 kg Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
11. Master Men Bodybuilding 40-44 years, over 90 kg Finals Round 3
(Posing Routines – 60 sec.)
12. Master Men Bodybuilding 45-49 years, up to 90 kg Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
13. Master Men Bodybuilding 45-49 years, up to 90 kg Finals Round 3
(Posing Routines – 60 sec.)
14. Master Men Bodybuilding 45-49 years, over 90 kg Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
15. Master Men Bodybuilding 45-49 years, over 90 kg Finals Round 3
(Posing Routines – 60 sec.)
16. Master Men Bodybuilding 50-54 years, open Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
17. Master Men Bodybuilding 50-54 years, open Finals Round 3
(Posing Routines – 60 sec.)
18. Master Men Bodybuilding +55 years, open Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
- Master Men Bodybuilding +55 years, open Finals Round 3
(Posing Routines – 60 sec.)

VICTORY CEREMONY:

- MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 90 KG

- MASTER MEN BODYBUILDING 40-44 YEARS, OVER 90 KG

- **MASTER MEN BODYBUILDING 45-49 YEARS, UP TO 90 KG**
- **MASTER MEN BODYBUILDING 45-49 YEARS, OVER 90 KG**
- **MASTER MEN BODYBUILDING 50-54 YEARS, OPEN**
- **MASTER MEN BODYBUILDING OVER 55 YEARS, OPEN**

19. MASTER MEN BODYBUILDING OVERALL + AWARDING CEREMONY

(7 Compulsory Poses x 2 + Posedown)

20. Women's Bikini Fitness categories - Elimination Rounds (if >15)

(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

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| 21. Women Bikini Fitness up to 160 cm | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |
| 22. Women Bikini Fitness up to 164 cm | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |
| 23. Women Bikini Fitness up to 169 cm | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |
| 24. Women Bikini Fitness over 169 cm | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |
| 25. Master Women Bikini Fitness open | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |

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| 26. Women Bikini Fitness up to 160 cm | Finals | Round 2 |
| (I-walking + 4 Quarter Turns x 2) | | |
| 27. Women Bikini Fitness up to 164 cm | Finals | Round 2 |
| (I-walking + 4 Quarter Turns x 2) | | |
| 28. Women Bikini Fitness up to 169 cm | Finals | Round 2 |
| (I-walking + 4 Quarter Turns x 2) | | |
| 29. Women Bikini Fitness over 169 cm | Finals | Round 2 |
| (I-walking + 4 Quarter Turns x 2) | | |
| 30. Master Women Bikini Fitness open | Finals | Round 2 |
| (I-walking + 4 Quarter Turns x 2) | | |

VICTORY CEREMONY:

- **WOMEN BIKINI FITNESS UP TO 160 CM**
- **WOMEN BIKINI FITNESS UP TO 164 CM**
- **WOMEN BIKINI FITNESS UP TO 169 CM**
- **WOMEN BIKINI FITNESS OVER 169 CM**
- **MASTER WOMEN BIKINI FITNESS OPEN**

31. WOMEN BIKINI FITNESS OVERALL + AWARDING CEREMONY

(4 Quarter Turns X 2)

32. Women Bodyfitness categories - Elimination Rounds (if >15)

(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

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| 33. Women Bodyfitness up to 163 cm | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |
| 34. Women Bodyfitness up to 168 cm | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |
| 35. Women Bodyfitness over 168 cm | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |
| 36. Master Women Bodyfitness open | Semifinals | Round 1 |
| (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | | |
| 37. Women Bodyfitness up to 163 cm | Finals | Round 2 |
| (I-walking + 4 Quarter Turns x 2) | | |
| 38. Women Bodyfitness up to 168 cm | Finals | Round 2 |
| (I-walking + 4 Quarter Turns x 2) | | |

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| 39. Women Bodyfitness over 168 cm (I-walking + 4 Quarter Turns x 2) | Finals | Round 2 |
| 40. Master Women Bodyfitness open (I-walking + 4 Quarter Turns x 2) | Finals | Round 2 |
| VICTORY CEREMONY: | | |
| - WOMEN BODYFITNESS UP TO 163 CM | | |
| - WOMEN BODYFITNESS UP TO 168 CM | | |
| - WOMEN BODYFITNESS OVER 168 CM | | |
| - MASTER WOMEN BODYFITNESS OPEN | | |
| 41. WOMEN BODYFITNESS OVERALL + AWARDING CEREMONY | | |
| 42. Women's Physique categories - Elimination Rounds (if >15) (4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage | | |
| 43. Women Wellness Fitness categories - Elimination Rounds (if >15) (4 Quarter Turns in groups of 5, Comparisons) > List of the Semifinalists backstage | | |
| 44. Women's Physique open (4 Quarter Turns + 4 Compulsory Poses in groups of 5 + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 . |
| 45. Master Women's Physique open (4 Quarter Turns + 4 Compulsory Poses in groups of 5 + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 . |
| 46. Women Wellness Fitness up to 163 cm (4 Quarter Turns in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 47. Women Wellness Fitness over 163 cm (4 Quarter Turns in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 48. Women's Physique open (4 Compulsory Poses x 2 + Posedown) | | |
| 49. Women's Physique open (Posing Routines – 60 sec.) | Finals | Round 3 |
| 50. Women Wellness Fitness up to 163 cm (I-walking + 4 Quarter Turns x 2) | Finals | Round 2 |
| 51. Master Women's Physique open (4 Compulsory Poses x 2 + Posedown) | Finals | Round 2 |
| 52. Master Women's Physique open (Posing Routines – 60 sec.) | Finals | Round 3 |
| 53. Women Wellness Fitness over 163 cm (I-walking + 4 Quarter Turns x 2) | Finals | Round 2 |
| VICTORY CEREMONY: | | |
| - WOMEN'S PHYSIQUE OPEN | | |
| - MASTER WOMEN'S PHYSIQUE OPEN | | |
| - WOMEN WELLNESS FITNESS UP TO 163 CM | | |
| - WOMEN WELLNESS FITNESS OVER 163 CM | | |
| 54. WOMEN WELLNESS FITNESS OVERALL + AWARDING CEREMONY | | |
| 55. Men's Physique categories - Elimination Rounds (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage | | |
| 56. Men's Physique up to 173 cm (4 Quarter Turns + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 57. Men's Physique up to 176 cm (4 Quarter Turns + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 58. Men's Physique up to 179 cm (4 Quarter Turns + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 59. Men's Physique over 179 cm (4 Quarter Turns + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |

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| 60. Men's Physique up to 173 cm (Individual Presentations + 4 Quarter Turns x 2) | Finals | Round 2 |
| 61. Men's Physique up to 176 cm (Individual Presentations + 4 Quarter Turns x 2) | Finals | Round 2 |
| 62. Men's Physique up to 179 cm (Individual Presentations + 4 Quarter Turns x 2) | Finals | Round 2 |
| 63. Men's Physique over 179 cm (Individual Presentations + 4 Quarter Turns x 2) | Finals | Round 2 |

VICTORY CEREMONY:

- **MEN'S PHYSIQUE UP TO 173 CM**
- **MEN'S PHYSIQUE UP TO 176 CM**
- **MEN'S PHYSIQUE UP TO 179 CM**
- **MEN'S PHYSIQUE OVER 179 CM**

64. MEN'S PHYSIQUE OVERALL + AWARDING CEREMONY

65. Men Classic Bodybuilding categories - Elimination rounds (if >15)

(4 Compulsory poses in groups of 5) > List of the Semifinalists backstage

66. Muscular Men's Physique open - Elimination Rounds (if >15)

(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

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| 67. Men Classic Bodybuilding up to 175 cm (4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 68. Men Classic Bodybuilding up to 180 cm (4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 69. Men Classic Bodybuilding over 180 cm (4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 70. Muscular Men's Physique open (4 Quarter Turns + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |

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| 71. Men Classic Bodybuilding up to 175 cm (7 Compulsory poses x 2 + Posedown) | Finals | Round 2 |
| 72. Men Classic Bodybuilding up to 175 cm (Posing Routines – 60 sec.) | Finals | Round 3 |
| 73. Men Classic Bodybuilding up to 180 cm (7 Compulsory poses x 2 + Posedown) | Finals | Round 2 |
| 74. Men Classic Bodybuilding up to 180 cm (Posing Routines – 60 sec.) | Finals | Round 3 |
| 75. Men Classic Bodybuilding over 180 cm (7 Compulsory poses x 2 + Posedown) | Finals | Round 2 |
| 76. Men Classic Bodybuilding over 180 cm (Posing Routines – 60 sec.) | Finals | Round 3 |
| 77. Muscular Men's Physique open (Individual Presentations + 4 Quarter Turns x 2) | Finals | Round 2 |

VICTORY CEREMONY:

- **MEN CLASSIC BODYBUILDING UP TO 175 CM**
- **MEN CLASSIC BODYBUILDING UP TO 180 CM**
- **MEN CLASSIC BODYBUILDING +180 CM**
- **MUSCULAR MEN'S PHYSIQUE OPEN**

78. MEN CLASSIC BODYBUILDING OVERALL + AWARDING CEREMONY

79. Men Bodybuilding categories - Elimination Rounds (if >15)

(4 Compulsory poses in groups of 5) > List of the Semifinalists backstage

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| 80. Men Bodybuilding up to 70 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 81. Men Bodybuilding up to 80 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |

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| 82. Men Bodybuilding up to 90 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 83. Men Bodybuilding up to 100 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 84. Men Bodybuilding over 100 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 85. Men Bodybuilding up to 70 kg (7 Compulsory Poses x 2 + Posedown) | Finals | Round 2 |
| 86. Men Bodybuilding up to 70 kg (Posing Routines – 60 sec.) | Finals | Round 3 |
| 87. Men Bodybuilding up to 80 kg (7 Compulsory Poses x 2 + Posedown) | Finals | Round 2 |
| 88. Men Bodybuilding up to 80 kg (Posing Routines – 60 sec.) | Finals | Round 3 |
| 89. Men Bodybuilding up to 90 kg (7 Compulsory Poses x 2 + Posedown) | Finals | Round 2 |
| 90. Men Bodybuilding up to 90 kg (Posing Routines – 60 sec.) | Finals | Round 3 |
| 91. Men Bodybuilding up to 100 kg (7 Compulsory Poses x 2 + Posedown) | Finals | Round 2 |
| 92. Men Bodybuilding up to 100 kg (Posing Routines – 60 sec.) | Finals | Round 3 |
| 93. Men Bodybuilding over 100 kg (7 Compulsory Poses x 2 + Posedown) | Finals | Round 2 |
| 94. Men Bodybuilding over 100 kg (Posing Routines – 60 sec.) | Finals | Round 3 |

VICTORY CEREMONY:

- MEN BODYBUILDNG UP TO 70 KG
- MEN BODYBUILDNG UP TO 80 KG
- MEN BODYBUILDNG UP TO 90 KG
- MEN BODYBUILDNG UP TO 100 KG
- MEN BODYBUILDNG OVER 100 KG

95. **MEN BODYBUILDNG OVERALL + AWARDING CEREMONY**

SUNDAY, NOVEMBER 26th, 2017

DEPARTURES